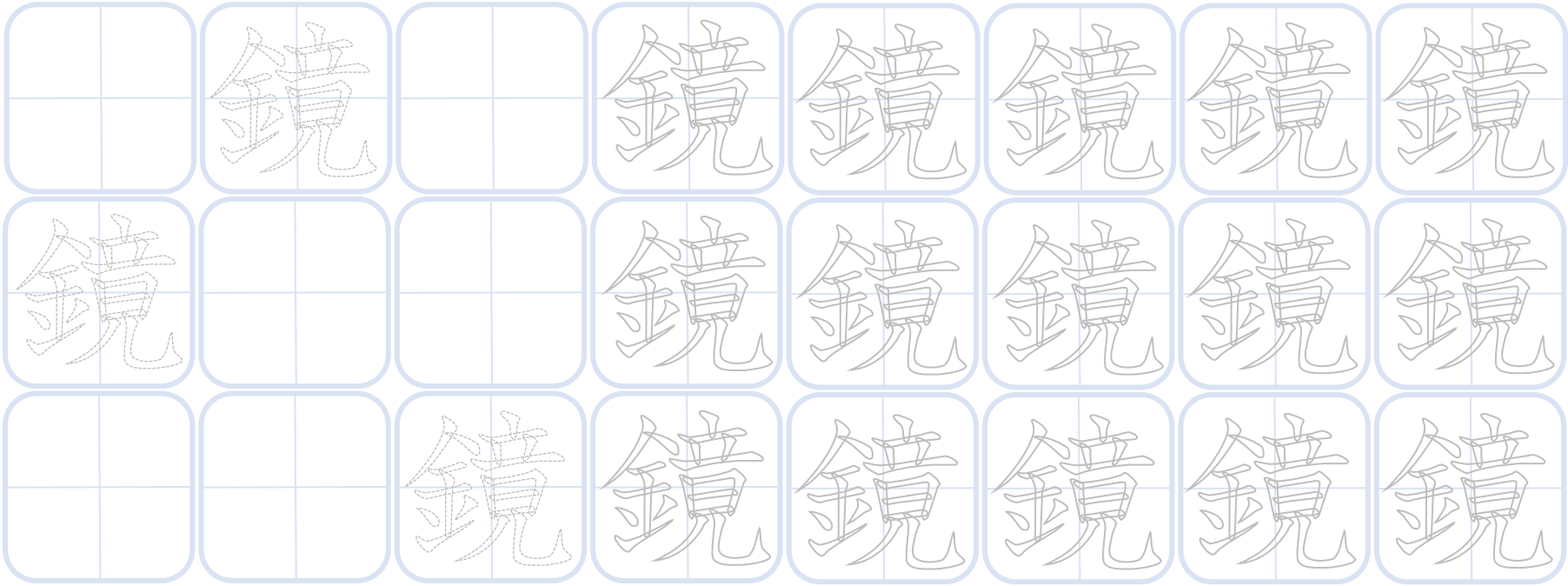鏡